

## Parish Day School Menu July 2026

	<b>Monday 6</b>	<b>Tuesday 7</b>	<b>Wednesday 8</b>	<b>Thursday 9</b>	<b>Friday 10</b>
<b>Early AM Snack</b>	Cinnamon Chex Milk	Fruit and Grain Cereal Bar Milk	Yogurt Granola	Banana Milk	Cheerios Milk
<b>AM Snack</b>	Wheat Saltines Cheese	Ritz cracker Oranges	Kroger Vanilla wafers Bananas	Cap'n Crunch Oops All Berries Apples	Goldfish Applesauce
<b>Lunch (with skim milk)</b>	Tyson Chicken Nuggets Wheat Roll Corn Applesauce	Baked Chicken Wheat roll Baked Beans Peaches	Turkey and Cheese Wraps Cucumber Mixed Fruit	Spaghetti with Ground Beef Green Beans Pears	Ham and Cheese on Wheat Bread Carrots Fruit
<b>PM Snack</b>	Animal Cracker Apple Juice	Honey Maid Graham Crackers Banana	Oyster Crackers Apple Juice	Wheat Crackers Cheese Sticks	Raspberry Wafers Apple Juice

All highlighted items contain or may contain traces of egg.

*Menu is subject to change due to availability.  
Managers choice may consist of any snack on the menu.*

## Parish Day School Menu July 2026

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
<b>Early AM Snack</b>	Cinnamon Chex Milk	Fruit and Grain Cereal Bar Milk	Bananas Milk	Cheerios Milk	Cinnamon Chex Milk
<b>AM Snack</b>	Ritz Crackers Cheese Sticks	Wheat Crackers Apples	Club Cracker Oranges	Honey Maid Graham Crackers Bananas	Pretzels Yogurt
<b>Lunch (with skim milk)</b>	Fish Sticks Wheat Roll Green Beans Applesauce	Macaroni and Cheese Broccoli Pears	Beef Tacos Corn and Black Beans Pineapple	Baked Ziti with Ground Beef Salad Peaches	Ham and Cheese on Wheat Bread Carrots Fresh Fruit
<b>PM Snack</b>	Oyster Crackers Apple juice	Kroger Vanilla Wafers Bananas	Animal Cracker Apple Juice	Wheat Saltine Cracker Cheese	Managers Choice Apple Juice

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## Parish Day School Menu July 2026

	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
<b>Early AM Snack</b>	Cheerios Milk	Fruit and Grain Cereal Bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
<b>AM Snack</b>	Wheat Saltines Cheese	Ritz Cracker Oranges	Pretzels Apples	Kroger Vanilla Wafers Bananas	Banana Bread Milk
<b>Lunch (with skim milk)</b>	Tyson Chicken Nuggets Wheat Roll Green beans Applesauce	Turkey, Cheese and Lettuce Wraps Carrots Pineapple	Beef and Noodles Peas Mixed fruit	Cheese Quesadillas Corn and Black Beans Pears	Ham and Cheese on Wheat Bread Cucumber Fresh Fruit
<b>PM Snack</b>	Cheez-It Apple Juice	Honey Maid Graham Crackers Bananas	Oyster Crackers Apple Juice	Wheat crackers Cheese sticks	Manager Choice Apple Juice

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# Parish Day School Menu July 2026

	<b>Monday 27</b>	<b>Tuesday 28</b>	<b>Wednesday 29</b>	<b>Thursday 30</b>	<b>Friday 31</b>
<b>Early AM Snack</b>	Cinnamon Chex Milk	Fruit and Grain Cereal Bar Milk	Bananas Milk	Yogurt Granola Milk	Cheerios Milk
<b>AM Snack</b>	Club Cracker Cheese Sticks	Pretzels Apples	Ritz Crackers Oranges	Honey Maid Graham Crackers Bananas	Fudge Grahams Milk
<b>Lunch (with skim milk)</b>	Tyson Chicken Nuggets Wheat Roll Green Beans Applesauce	Chicken <b>Ranch</b> Wraps Carrots Fresh Fruit	Grilled Cheese Tomato Soup Pears	<b>Macaroni</b> and Cheese Broccoli Peaches	Ham and Cheese on Wheat Bread Cucumbers Mixed Fruit
<b>PM Snack</b>	<b>Animal Cracker</b> Apple Juice	Kroger Vanilla Wafers Bananas	<b>Oyster Crackers</b> Apple Juice	Wheat saltine Cheese	Managers Choice Apple Juice

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Managers choice may consist of any snack on the menu.