

Parish Day School May Menu 2022

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltine Cheese	Ritz crackers Oranges	Cheese crackers Apples	Vanilla wafers Bananas	Pumpkin bread Milk
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Macaroni and cheese Broccoli Pears	Pancakes Eggs Hash browns Oranges	Chicken ranch wraps Broccoli Pineapple	Grilled cheese on wheat bread Cucumbers Mixed fresh fruit
PM Snack	Graham crackers Apple juice	Animal crackers Banana	Oyster crackers Apple juice	Wheat crackers Cheese sticks	Managers choice Apple juice

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
AM Snack	Ritz crackers Cheese sticks	Wheat crackers Oranges	Animal crackers Apples	Graham crackers Bananas	Veggie straws Yogurt
Lunch (with skim milk)	Fish sticks Wheat roll Green beans Pears	Chicken noodle soup Wheat roll Peas Peaches	Cheese quesadillas Corn Pineapple	Baked chicken Rice Peas Mixed fruit	Ham and cheese on wheat bread Carrots Fresh fruit
PM Snack	Vanilla wafers Apple juice	Oyster crackers Bananas	Cheese crackers Apple juice	Wheat Saltine cracker Cheese	Ritz crackers Apple juice

Menu is subject to change due to availability.
Managers choice may consist of any snack on the menu.

Parish Day School May Menu 2022

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltines Cheese	Cheese crackers Oranges	Ritz crackers Apples	Vanilla wafers Bananas	Apple sauce Goldfish
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Spaghetti with meat sauce Salad Pears	Macaroni and cheese Broccoli Peaches	Chicken Tacos Corn Pineapple	Grilled cheese on wheat bread Cucumber Mixed fresh fruit
PM Snack	Graham crackers Apple juice	Animal crackers Bananas	Oyster crackers Apple juice	Wheat crackers Cheese stick	Manager choice Apple juice

	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	PDS CLOSED
AM Snack	Wheat cracker Cheese sticks	Ritz crackers Oranges	Apples Cheese crackers	Graham crackers Bananas	STAFF DAY
Lunch (with skim milk)	Spaghetti with meat sauce Green beans Apple sauce	Chicken teriyaki Rice Broccoli Peaches	Cheese quesadillas Corn Pineapple	Turkey and cheese on wheat bread Carrots Mixed fresh fruit	
PM Snack	Cheese crackers Apple juice	Vanilla wafers Bananas	Oyster crackers Apple juice	Wheat saltine Cheese	

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Parish Day School May Menu 2022

	Monday 30	Tuesday 31	Wednesday	Thursday	Friday
Early AM Snack	PDS CLOSED	Cinnamon Chex Milk	FULL DAY STUDENTS		
AM Snack	MEMORIAL DAY	Wheat saltine Cheese			
Lunch (with skim milk)		Tyson chicken nuggets Wheat roll Green beans Applesauce			
PM Snack (with water unless otherwise noted)		Graham crackers Apple juice			

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