

Parish Day School August 2021

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Early AM Snack	Cinnamon Chex Milk	Fruit and cereal bar milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltine Cheese	Cheese crackers Oranges Rm 19,20 Kroger brand	Wheat crackers Apples	Vanilla wafers Bananas	Apple sauce Goldfish
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Corn Peaches	Grilled cheese on wheat bread Green beans Pineapple	Chicken ranch wraps Cucumber Oranges	Macaroni and cheese Broccoli Pears	Turkey and cheese on wheat bread Carrots Apples
PM Snack	Graham crackers Apple juice Rm 19,20 Kroger brand	Animal crackers Bananas Rm 19,20 Fig bar	Oyster crackers Apple juice Rm 19,20 Ritz crackers	Wheat crackers Cheese sticks	Managers choice Apple juice

Menu is subject to change due to availability.

All Highlighted items contain egg or may contain traces.

Blue highlighted items are on the menu and served in other rooms. An egg free substitute will be served to room 19

Yellow Highlighted items are served in room 19 and cannot be substituted.

Managers choice may consist of any snack on the menu. Room 19 will be served an egg free snack.

Parish Day School August 2021

	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Early AM Snack	Cinnamon Chex Milk	Fruit and cereal bar milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk Served in Johnson Rm
AM Snack	Ritz crackers Cheese sticks	Wheat crackers Oranges	Animal crackers Apples Rm 19,20 Blueberry cheerios	Graham crackers Bananas Rm 19,20 Kroger brand	Cheerios Yogurt
Lunch (with skim milk)	Fish sticks Wheat roll Green beans Peaches	Chicken noodle soup Wheat roll Peas Pears	Cheese quesadillas Corn Applesauce	Spaghetti with meat sauce Salad Mixed fruit	Ham and cheese on wheat bread Cucumbers Apples
PM Snack	Vanilla wafers Apple juice	Oyster crackers Bananas Rm 19,20 Ritz crackers	Cheese crackers Apple juice Rm 19,20 Kroger brand	Wheat Saltine cracker Cheese	Ritz crackers Apple juice

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Parish Day School August 2021

	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Early AM Snack	Cinnamon Chex Milk	Fruit and cereal bar Milk	Bananas Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltines Cheese	Cheese crackers Oranges Rm 19,20 Kroger brand	Ritz crackers Apples	Vanilla wafers Bananas	Manager choice
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Macaroni and cheese Broccoli Pears	Beef tacos Corn Pineapple	Baked chicken Parmesan noodles Peas Peaches	Turkey and cheese on wheat bread Carrots Apples
PM Snack	Graham crackers Apple juice Rm 19,20 Kroger brand	Animal crackers Bananas Rm 19,20 Fig bar	Oyster crackers Apple juice Rm 19,20 Ritz crackers	Wheat crackers Cheese stick	Ritz cracker Apple juice

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Parish Day School August 2021

	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Early AM Snack	Cinnamon Chex Milk	Fruit and cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk Served in Johnson room
AM Snack	Wheat cracker Cheese sticks	Cheese crackers Oranges Rm 19,20 Kroger brand	Cheese crackers Apples	Graham crackers Bananas Rm 19,20 Kroger brand	Ritz crackers Oranges
Lunch (with skim milk)	Tyson chicken nuggets Green beans Applesauce	Spaghetti with meat sauce Green beans Pears	Cheese quesadillas Corn Peaches	Pulled chicken sandwiches Carrots Pineapple	Ham and cheese on wheat bread Cucumbers Apples
PM Snack	Vanilla wafers Apple juice	Cheese crackers Apple juice Rm 19,20 Kroger brand	Oyster crackers Apple juice Rm 19,20 Ritz crackers	Wheat saltine Cheese	Managers choice Apple Juice

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Parish Day School August 2021

	Monday 29	Tuesday 30	Wednesday 31	Thursday	Friday
Early AM Snack	PDS	CLOSED			
AM Snack					
Lunch (with skim milk)	TEACHER	TRAINING	WEEK		
PM Snack (with water unless otherwise noted)					

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