

Parish Day School Menu July 2025

	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Yogurt Granola	Banana Milk	Cheerios Milk
AM Snack	Wheat saltines Cheese	Pretzel cracker Oranges	Kroger Vanilla wafers Bananas	Cheez-It Apples	Pretzels Yogurt
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Ham and cheese rollups Carrots Fresh fruit	Beef Tacos Corn and black beans Pineapple	Chicken teriyaki Rice Broccoli Peaches	Turkey and cheese on wheat bread Cucumbers Fresh fruit
PM Snack	Animal cracker Apple juice	Honey Maid Graham crackers Banana	Oyster crackers Apple juice Rm 13 Saltine crackers	Wheat crackers Cheese sticks	Managers choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 13.

Yellow highlight items are served in room 13 and cannot be substituted.

Menu is subject to change due to availability.
Managers choice may consist of any snack on the menu.

Parish Day School Menu July 2025

	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
AM Snack	Ritz crackers Cheese sticks	Wheat crackers Oranges	Animal crackers Apples	Cinnamon Toast Crunch crackers Bananas	Pumpkin bread Milk
Lunch (with skim milk)	Fish sticks Wheat roll Green beans Peaches	Spaghetti with meat sauce Salad Pears	Macaroni and cheese Broccoli Pineapple	Chicken ranch wraps Carrots Mixed fruit	Ham and cheese on wheat bread Cucumbers Fresh fruit
PM Snack	Oyster crackers Apple juice Rm 13 Saltine cracker	Kroger Vanilla wafers Bananas	Cheez-it Apple juice	Wheat Saltine cracker Cheese	Ritz crackers Apple juice

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Parish Day School Menu July 2025

	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Cheerios Milk	Yogurt Granola Milk	Banana Milk
AM Snack	Wheat saltines Cheese	Ritz crackers Apples	Honey Maid Graham Bananas	Club crackers Oranges	Opps All berries Yogurt
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Cheese quesadillas Corn and Black beans Pears	Beef and noodles Peas Peaches	Cheese or peperoni pizza Cucumbers Pineapple	Turkey and cheese on wheat bread Carrots Fresh fruit
PM Snack	Kroger Vanilla wafers Apple juice	Animal crackers Rm 13 Graham crackers Bananas	Oyster crackers Apple juice Rm 13 Wheat saltines	Wheat crackers Cheese sticks	Manager choice Apple juice

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Parish Day School Menu July 2025

	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday Aug. 1
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Yogurt Granola Milk	Cheerios Milk
AM Snack	Wheat cracker Cheese sticks	Pirates Booty Apples	Ritz crackers Oranges	Honey Maid Graham crackers Bananas	Apple sauce Goldfish
Lunch (with skim milk)	Tyson chicken nuggets Wheat roll Green beans Applesauce	Grilled cheese Carrots Fresh fruit	Spaghetti with meat sauce Salad Pears	Chicken ranch wraps Carrots Mixed fruit	Ham and cheese on wheat bread Cucumbers Apples
PM Snack	Animal cracker Apple juice	Kroger Vanilla wafers Bananas	Oyster crackers Apple juice Rm 13 Saltine cracker	Wheat saltine Cheese	Managers choice Apple Juice

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