

Parish Day December School Menu 2022

	Monday	Tuesday	Wednesday	Thursday 1	Friday 2
Early AM Snack				Yogurt Granola	Cheerios Milk
AM Snack				Vanilla wafers Bananas	Pumpkin bread Milk Rm 17,19 Fig bar
Lunch (with skim milk)				Pulled chicken sandwiches Corn Peaches	Ham and cheese on wheat bread Carrots Oranges
PM Snack				Oyster crackers Cheese sticks Rm 17,19 Ritz crackers	Managers choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 17 and 19.

Yellow highlight items are served in room 17 and 19 and cannot be substituted.

Menu is subject to change due to availability.
Managers choice may consist of any snack on the menu.

Parish Day December School Menu 2022

	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
AM Snack	Ritz crackers Cheese sticks	Wheat crackers Oranges	Animal crackers Apples Rm 17,19 Chocolate Chex	Graham crackers Bananas Rm 17,19 Kroger brand	Veggie straws Yogurt
Lunch (with skim milk)	Fish sticks Wheat roll Green beans peaches	Baked chicken Rice Peas Apples	Cheese quesadillas Corn Pears	Chicken ranch wraps Broccoli Mix fruit	Ham and cheese on wheat bread Cucumbers Pineapple
PM Snack	Vanilla wafers Apple juice	Oyster crackers Bananas Rm 17,19 Chex	Cheese crackers Apple juice	Wheat Saltine cracker Cheese	Ritz crackers Apple juice

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Parish Day December School Menu 2022

	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltines Cheese	Cheese crackers	Ritz crackers Apples	Vanilla wafers Bananas	Apple sauce Managers choice
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Spaghetti with meat sauce Salad Mixed fruit	Macaroni and cheese Broccoli Pears	Chicken Tacos Corn Peaches	Turkey and cheese on wheat bread Carrots Oranges
PM Snack	Graham crackers Apple juice	Animal crackers	Oyster crackers Apple juice	Wheat crackers Cheese stick	Manager choice Apple juice

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Parish Day December School Menu 2022

December 19- January 2 PDS Closed for the holidays



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