

Parish Day School Menu June 2023

	Monday	Tuesday	Wednesday 25	Thursday 1	Friday 2
Early AM Snack				Cinnamon Chex Milk	Cheerios Milk
AM Snack				Vanilla wafers Bananas	Cheese crackers Oranges Rm 19 Kroger brand
Lunch (with skim milk)				Pulled chicken sandwich Corn Pineapple	Turkey and cheese on wheat bread Cucumbers Oranges
PM Snack				Oyster crackers Cheese sticks Rm19 Saltine cracker	Managers choice Apple juice

All highlighted items contain or may contain traces of egg.

Blue highlight items are on the menu and served in other rooms. An egg free substitute will be served to room 20.

Yellow highlight items are served in room 20 and cannot be substituted.

Menu is subject to change due to availability.
Managers choice may consist of any snack on the menu.

Parish Day School Menu June 2023

	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Bananas Milk	Cheerios Milk	Blueberry muffins Milk
AM Snack	Ritz crackers Cheese sticks	Wheat crackers Oranges	Animal crackers Apples Rm 20 Fig bars	Graham crackers Bananas Rm 20 Kroger brand	Veggie straws Yogurt
Lunch (with skim milk)	Fish sticks Wheat roll Green beans peaches	Macaroni and cheese Broccoli Pears	Cheese quesadillas Corn Pineapple	Chicken Tacos Corn Peaches	Ham and cheese on wheat bread Cucumbers Apples
PM Snack	Vanilla wafers Apple juice	Oyster crackers Bananas Rm 20 Chex	Cheese crackers Apple juice	Wheat Saltine cracker Cheese	Ritz crackers Apple juice

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Parish Day School Menu June 2023

	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltines Cheese	Cheese crackers	Ritz crackers Apples	Vanilla wafers Bananas	Apple sauce Goldfish
		Oranges Rm 20 Kroger brand			
Lunch (with skim milk)	Tyson Chicken nuggets Wheat roll Green beans Applesauce	Grilled cheese Tomato soup Carrots Pineapple	Chicken ranch wraps Corn Peaches	Chicken noodle soup	Turkey and cheese on wheat bread Cucumber Apples
				Wheat roll Peas Mixed fruit	
PM Snack	Graham crackers Apple juice	Animal crackers	Oyster crackers Apple juice	Wheat crackers Cheese stick	Manager choice Apple juice
		Rm 20 Fig bar Bananas			

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Parish Day School Menu June 2023

	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Early AM Snack		Cinnamon Chex Milk	Bananas Milk	Yogurt Granola Milk	Cheerios Milk
AM Snack	School Closed Juneteenth Day	Wheat cracker Cheese sticks	Cheese crackers Apples Rm 20 Kroger brand	Graham crackers Bananas Rm 20 Kroger brand	Rice Chex Yogurt
Lunch (with skim milk)		Spaghetti with meat sauce Green beans Pears	Beef and noodles Peas Mixed fruit	Cheese quesadillas Corn Peaches	Ham and cheese on wheat bread Cucumbers Apples
PM Snack		Animal cracker Apple juice Rm 20 Fig bar	Oyster crackers Apple juice Rm 20 Ritz cracker	Wheat saltine Cheese	Managers choice Apple Juice

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Parish Day School Menu June 2023

	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Early AM Snack	Cinnamon Chex Milk	Fruit and grain cereal bar Milk	Banana Milk	Yogurt Granola	Cheerios Milk
AM Snack	Wheat saltine Cheese	Cheese crackers	Ritz crackers Apples	Vanilla wafers Banana	Oyster crackers
		Oranges Rm 20 Kroger brand			Cheese stick
Lunch (with skim milk)	Tyson chicken nuggets Green beans Applesauce	Baked ziti Salad Pineapple	Chicken ranch wraps Fresh veggie Peaches	Pulled Chicken Sandwich Corn Mixed fruit	Turkey and cheese on wheat bread Carrots Oranges
PM Snack (with water unless otherwise noted)	Graham crackers	Animal crackers	Wheat crackers Apple juice	Fig bars Apple juice	Managers choice Apple juice
	Apple juice Rm20 Kroger brand	Banana Rm20 Fig bar			

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